**LOW Barracudas**

**Lifeguard**

Lake of the Woods Barracudas Swim Team is accepting applications from enthusiastic individuals to serve as lifeguards for the 2024 swim season. Positions are available for up to two lifeguards at each practice and two per meet. We will also be looking for a few alternates/fill in people that are willing to pick up the occasional shift.

**About the Position**

A lifeguard for the Barracudas Swim Team is an extra set of eyes and ears on the deck helping to keep swimmers safe and aid the coaching staff. Lifeguards are expected to be in the chair during practices, unless they are attending to other required duties. Lifeguards must be able to enforce pool policies and be able to communicate effectively why policies are in place.

**Requirements of the Position**

* At least 15 years of age
* Current certification in American Red Cross Lifeguarding, First Aid, and CPR

**Essential Functions of the Position**

Essential and other important responsibilities and duties may be included, but are not limited to the following:

* Open and close the pool each day according to the team schedule
* Aid with pool setup and clean up before and after practice, as well as on meet days
* Present a professional appearance and attitude at all times
* Supervise swimmers; create and maintain a clean and safe environment for swim team participants
* Conduct pool inspections and complete pool chemical logs and report imbalances or concerns to the supervisor.
* Actively guard and scan the pool area at all times; refrains from socializing while guarding.
* Administer first aid in the event of injury, rescues swimmers in distress or danger of drowning, and administer CPR and/or artificial respiration, if necessary
* Document any incidents and/or injuries.
* Other tasks as required

To APPLY

A completed application, and proof of identification must be submitted by **May 13, 2024.**